

Ulrike Streck-Plath

## **Triadical Care**

### *Transdisciplinary research art field for triadically composed reality*

While the research field of spiritual care continues to establish itself at the intersection of medicine, theology, philosophy and anthropology, one fundamental question remains unanswered: How can subjective experience be captured in such a way that it remains scientifically compatible without losing its existential depth?

Triadical Care addresses this question as a new, practical scientific field of research at the boundaries of art, philosophy, medicine, theology, anthropology and the natural sciences. Instead of methods, therapies or products, it is about a triadic, re- and intrasonant relationship to the world: relational, metaphysical and consciousness-theoretical at the same time. Creatively healing and livable thanks to the natural phenomenon of intrasonance.

A term such as 'metaphysical care' would be too narrow or misleading for this. For at the centre of mutual relatedness are at least three irreducible axes of action: subjectivity (first person), otherness/relationship (second person) and transcontext world structure/vertical (third instance). This is a fundamental condition for meaning, experience and change to take place, for experience, knowledge and form to be interconnected. In other words, consciousness, healing, meaning and knowledge are not structured monologically or dyadically, but triadically.

Triadic care can be linked to relational anthropology, dialogical theology, structural emergence (Roger Penrose), the hard problem of consciousness (David Chalmers), resonance theory (Hartmut Rosa), language-based knowledge representation (Herrmann Helbig), psychoneuroimmunology, epigenetics and others.

This new ethical-aesthetic field is also closely linked to the temporal-philosophical and metaphysical position of Godehard Brüntrup, who has shown that time, consciousness and freedom are not illusions, but fundamental structures of reality. His thesis of a spiritual substrate of matter supports the ontological basic assumption of Triadical Care that reality is a triadic, i.e. relational, spirit-borne, creatively present structure.

Working with the natural phenomenon of intrasonance unfolds this assumption in a way that can be described theoretically and experienced practically, because time is real, the future is open and the present is a spiritual phenomenon. Working creatively with consciousness is therefore a matter of course, because consciousness is fundamentally present in nature.

The field is also compatible with psychological-systemic perspectives on development, relationships and the creation of meaning – for example, in the context of existential counselling, integrative psychotherapy or systemic practice. It is not intended to compete with existing models, but rather to serve as a resonance chamber for approaches in which experience, insight and transformation are understood as relational processes.

Triadical Care is merely a term. What it describes transcends all known fields through contact to their origin and, from there, intrascends their being and becoming with what they have been lacking until now: a potentially complete relationship with the world.

**Published on September, 2025, at [kunstitut.de](http://kunstitut.de)**

**USP Ulrike Streck-Plath** | Author | Artist | Musician | Mentor  
Backesweg 5, 63477 Maintal, Germany, Telephone: +49 6181 42 41 90,  
Mobile: +49 171 82 144 13, E-Mail: [usp@usplive.de](mailto:usp@usplive.de)



Experiences within triadic being or becoming can be communicated, but not completely transferred.

For it is not about representations, but about creatively changeable spaces of knowledge. This is precisely where the excitement and research opportunities lie.

Triadical Care is aimed, among others, at people who want to tidy up ontologically and Hippocratically within themselves, others and systems, as well as researchers and other professionals who work in border areas: between therapy and philosophy, clinic and contemplation, science and spirituality. Key questions are: How do resonant fields arise between people, the world and context? How can these be used creatively (spiritually) so that triadic constellations are healing, clarifying and transformative? What forms of attention, language and attitude enable such fields?

Care is structurally understood as a constellative-creative form of coherent states in which relation creates reality: attitude, space for insight, research perspective. An invitation to participate in becoming aware of the world, also and especially in the context of artificial intelligence, as relational thinking is threatened with being replaced by algorithmic optimisation.

The present text is intended as a proposition. It is the new field and thus names something that is already happening; where consciousness, relationship and world are felt, reflected and carried forward together. Currently in practical research, personal teaching, inner work – and in the way we encounter each other. Because only humans can change this togetherness, or rather, transform it in a healing way.

This text can be this way or another. It will be shorter in some places, longer in others. It will name further points of connection or dispense with them. In whatever way serves its own triadic becoming and the triad it describes. For its structural existence results from the power structure that still prevails in many systems – whether church, medicine, science or culture – which often responds to free intellectual initiative with this pattern: First celebrate, then ignore, then criticise (or fight) – and finally either integrate in a controlled manner or quietly play it out. Because existing systems like to draw inspiration from outside, but have a hard time dealing with the uncontrollable. Especially when it brings something that can neither be instrumentalised nor institutionalised.

For this reason, a field and thus a system is establishing itself here – as a collective art project and, at the same time, a practical scientific field of research. It has become what it is and is being carefully guarded as it continues to become what it intends to be. Interested parties are invited to enter or connect with it, to help guard it and accompany its development. Welcome.

**Final remarks:** I am aware that existing systems (e.g. *departments, institutions, discourse milieus*) are rather unfamiliar with how to read this text, as it eludes classic reaction patterns. That is precisely why I welcome direct questions, comments, feedback and in-depth dialogue. Please refrain from indirect, unagreed attempts at appropriation; they contradict the spirit from which this field is established.

## On the genesis

Published on September, 2025, at [kunstut.de](http://kunstut.de)

**USP Ulrike Streck-Plath** | Author | Artist | Musician | Mentor  
 Backesweg 5, 63477 Maintal, Germany, Telephone: +49 6181 42 41 90,  
 Mobile: +49 171 82 144 13, E-Mail: [usp@usplive.de](mailto:usp@usplive.de)



The genesis of Triadical Care began with an inspiration in 2007 that, in retrospect, can be defined as triadic, leading to art on the theme of suffering versus security in human history. In and out of this art, the natural phenomenon of intrasonance manifested itself from 2009 to 2013. This was initially tested in social science practice for its compatibility with existing systems (including apocaluther.de).

Since 2017, dealing with the natural phenomenon has been available as an approach for inner work (initially Sea-Balance, since 2020 work with intrasonance, intrasonanz.de). At the same time, continuous networking with established science took place. Since the end of 2022, the approach has been called Creative Spiritual Care (kunstitut.de) due to a cooperation with the practice and research field of spiritual care. Since then, the principles of Triadical Care – previously known as Creative Spiritual Care – have been presented in the form of posters, lectures and workshops at specialist conferences and congresses, including internationally.

A note in 2024 from the field of spiritual care clarified that the approach is a field in its own right, namely: creative-spiritual. At the end of January 2025, during a discussion in the field of philosophy, it was recognised that the approach is practical process philosophy. In April 2025, the soul food drawing 'Immigrating into Reality' depicted an *isotropic-resonant, vertically intrasonant triadic space cross, a field of orientation for consciousness*.

From spring 2025 onwards, discussions with scientists increased about the wording underlying the approach, which can be easily adapted to other contexts. In mid-May 2025, a hint from the field of AI therapy research provided the impetus that the approach actually works without spirituality, because its use only requires awareness of the functioning of the intrasonant source, which flows in all directions.

## Abstract

**Triadical Care** sees itself as a transdisciplinary field of research that combines relational, metaphysical and consciousness-theoretical dimensions. It assumes that consciousness, time and meaning are not mere constructs, but fundamental conditions of a spiritually constituted reality. Inspired by process-oriented thinking (e.g. Alfred North Whitehead) and time-philosophical metaphysics (Godehard Brüntrup), Triadical Care describes experience, knowledge and transformation as triadically structured processes of creative presence. It creates connecting spaces between art, philosophy, anthropology, theology, medicine and the natural sciences – practically applicable, theoretically describable and transdisciplinarily researchable.

Maintal-Dörnigheim, 8 June, 2025

Published on September, 2025, at [kunstitut.de](http://kunstitut.de)

**USP Ulrike Streck-Plath** | Author | Artist | Musician | Mentor  
 Backesweg 5, 63477 Maintal, Germany, Telephone: +49 6181 42 41 90,  
 Mobile: +49 171 82 144 13, E-Mail: [usp@usplive.de](mailto:usp@usplive.de)

